



All ages are invited!

United Church of Chapel Hill's

2018 Fall Retreat

To Blowing Rock Conference Center

October 19-21, 2018

You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures for evermore. ~Psalm 16:11

Saturday, October 20 (9 am to 12 pm). This year's theme: "What Brings You Joy..."

This year's fall retreat to Blowing Rock is falling three weeks before the November elections. In this topsy-turvy political, social world the past few years have brought us much anxiety and unrest. At our retreat this year, we ask participants to share with us "*what brings you joy in these unsettling times.*"

Using the book *The Book of Joy: Lasting Happiness in a Changing World* by His Holiness the Dalai Lama and Archbishop Desmond Tutu, our Associate Pastor David Mateo, Youth and Young Adult Minister Ian McPherson and Rinnie Orr ask participants to bring their "joy" with them to the mountains. We will gather and share what brings us joy in these unsettling times.

About *The Book of Joy: Lasting Happiness in a Changing World*

His Holiness the Dalai Lama and Archbishop Desmond Tutu have survived more than fifty years of exile and the soul-crushing violence of oppression. Despite their hardships—or, as they would say, because of them—they are two of the most joyful people on the planet. In April 2015, Archbishop Tutu traveled to the Dalai Lama's home in Dharamsala, India, to celebrate His Holiness's eightieth birthday and to create what they hoped would be a gift for others. They looked back on their long lives to answer a single burning question: How do we find joy in the face of life's inevitable suffering? They traded intimate stories, teased each other continually, and shared their spiritual practices. By the end of a week filled with laughter and punctuated with tears, these two global heroes had stared into the abyss and despair of our time and revealed how to live a life brimming with joy. They share their daily Joy Practices that anchor their own emotional and spiritual lives.

(Retreat participants will receive a copy of *The Book of Joy: Lasting Happiness in a Changing World* as part of the retreat costs.)

Lodging, meal plans and retreat costs are attached on the application form.

Youth Programming

While we are not arranging for chaperones and transportation for youth this year, we strongly encourage families with youth to participate together in the intergenerational retreat on Saturday morning. Special activities will be developed in response to families and youth attending.

Children's Programming

There will be activities for young children during the retreat time Saturday morning 9 am to 12 pm.

There will be plenty of time for fun!

Friday night icebreakers 7 to 9 pm! Retreat Saturday 9 am to 12 pm. Free-time Saturday afternoon to explore the mountains, ride on the parkway, stroll through Blowing Rock or simply to rest at the Assembly Grounds. Saturday night "Social Hour" with bonfire, s'mores, board games, and more.

If you are able, come early!!

For those who are able, you are encouraged to leave early on Friday and drive up in time for Friday dinner (6:30 - 7:15 pm). Finding the Blowing Rock Assembly Grounds is always easier in the light of day. If the weather is nice, you will enjoy the mountains.

Some scholarships are available

Retreats are formative times, thus we do not want the cost of the weekend away to be prohibitive, particularly for families. If additional assistance would make the difference between going or not, please speak with Rinnie Orr, rorr@unitedchurch.org.

If you can assist with scholarships

As in all families, the UCCH family has members with different resources and responsibilities. For some the cost of the retreat is manageable, for others it is a hardship, and for others the cost is prohibitive. If you can help, please do. Thank you.

The retreat deadline is Sunday, September 30.

All participants registering after September 30 will need to contact the Blowing Rock Conference Center to make lodging/food arrangements directly.

Blowing Rock Conference Center, www.brccenter.org, 828-295-7813

Questions? Concerns? Contact Rinnie Orr, rorr@unitedchurch.org or call the church office 919-942-3540.

2018 FALL RETREAT REGISTRATION FORM

Registration Deadline (with payment) – Sunday, September 30

Name(s):

Contact email & phone:

LODGING

OPTION 1: Corriher Lodge

20 Rooms, each with 2 double beds, and bath (please choose your option). Need an accessible room? Please let us know – first floor has four accessible rooms, as well as no stairs to climb.

- 2 nights without roommate: \$195
- 2 nights, with roommate: \$235
___ my roommate is:
___ if able, assign me a roommate.
- 2 nights, 3 people: \$265 Cost _____

OPTION 2: Cottages A, B, C, and D (first come, first serve)

Perfect for large family or group of friends - each cottage has two bedrooms and a sitting room. Each bedroom has a combination of double beds and/or bunk beds. Two families (4 adults?) with children may enjoy this arrangements.

- 2 nights: \$345 Cost _____
___ We are staying with:

OPTION 3: Rowe Dorm - affordable and roughin' it

Rooms have 2 sets of bunks beds. Shared bathroom.

- 2 nights per person: \$75 Cost _____

OPTION 4: Youth Center – Bunks - affordable and roughin' it – Also has a rec. room

(perfect for families with youth)

- 2 nights per person: \$75 Cost _____

MEAL PACKAGE

___#of adults X \$70

Total: \$ _____

Cost _____

___#of children (ages 5-12) X \$42

Total: \$ _____

Cost _____

___ I (we) have dietary needs, please specify:

RETREAT PROGRAM COST

Per adult:

\$25

Per couple:

\$40

Cost _____

(Retreat participants will receive a copy of *The Book of Joy: Lasting Happiness in a Changing World* as part of the retreat costs.)

TOTAL COST _____

___ I (we) need scholarship assistance. Please call me.

___ I (we) can help contribute to the scholarship fund. Amount \$ _____

Should your plans change, partial refunds may be available. The sooner you can inform us of a change, the likelihood of filling the room is greater, thus total refund is possible. Last minute cancellations – except for emergencies – may not qualify for a refund.

Please indicate if you would like to carpool.

As we get the retreat applications back, we will connect drivers and riders so y'all can make plans accordingly.

___ I can drive.

___ I need a ride.